



Notice of Privacy Practices

Your Information. Your Rights. Our Responsibilities.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Your medical information may contain personal information about your health. This information may identify you and relate to your physical or mental health condition and related health care services and is called Protected Health Information (PHI). This Notice of Privacy Practices describes how we may use and disclose your PHI in accordance with applicable law. It also describes your rights regarding how you may gain access to and control your PHI. We are required by law to maintain the privacy of PHI and provide you with notice of this Notice of Privacy Practices. We reserve the right to change the terms of our Notice of Privacy Practices at any time. Any new Notice of Privacy Practices will be effective for all PHI that we maintain at that time. We will provide you with a copy of the revised Notice of Privacy Practices by posting a copy on our website, sending a copy to you in the mail upon request, or providing one to you at your next appointment.

Your Rights

When it comes to your health information, you have certain rights. This section explains your rights and some of our responsibilities to help you. To exercise these rights, please submit your request in writing to Privacy Officer.

Right of Access to Inspect and Copy

- You have the right, which may be restricted only in exceptional circumstances or with documents released to me, to inspect and copy PHI that may be used to make decisions about services provided. I will provide a copy or a summary of your health information, usually within 30 days of your request. I may charge a reasonable, cost-based fee.

Right to Amend

- You have the right to request that I amend health information about you that you think is incorrect or incomplete. Ask us how to do this. We are not required to agree to the amendment and would specify why in writing within 60 days.

Right to Request Confidential Communications

- You have the right to request that we communicate with you about PHI matters in a specific manner (e.g. telephone, email) or to send mail to a different address.

Right to Request Restrictions

- You have the right to request a restriction or limitation on the use or disclosure of your PHI for services, payment or other business operations. We are not required to agree to your request. If you pay for a service or health care item out-of-pocket in full, you can ask us not to share that information for the purpose of payment or our operations with your health insurer. We will say "yes" unless a law requires us to share that information

Right to Accounting of Disclosures

- You have the right to request an accounting of disclosures that we make of your PHI. We may charge a reasonable fee if you request more than one accounting in any 12-month period.

Dr. Megan Basnett, Psy.D. – Licensed Psychologist

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M. B. Psychological Services, LLC

5539 S. 27th St., Suite 104, Lincoln, NE 68512

Phone: (402) 261-8313 Fax: (402) 939-0437



Right to a Copy of this Notice

- You have the right to a copy of this notice.

Right to File a Complaint

- If you believe I have violated your privacy rights, you have the right to file a complaint with our Privacy Officer at Catalyst Behavioral Health. If you have questions and would like additional information, you may contact us at (402) 261-8313.

Our Uses and Disclosures

For Care of Treatment: Your PHI may be used and disclosed to those who are involved in your care for the purpose of providing, coordinating, or managing your services. This includes consultation with clinical supervisors, or other treatment members. Your authorization is required to disclose PHI to any other care provider not currently involved in your care. **Example:** *If another physician referred you to us, we may contact that physician to discuss your care. Likewise, if we refer you to another physician, we may contact that physician to discuss your care or they*

For Payment: Your PHI may be used and disclosed for any parties that are involved in payment for care or treatment. If you pay for your care out of pocket and without use of insurance, you may restrict the disclosure of your PHI for payment. **Example:** *Your payer may require copies of your PHI during the course of a medical record request, chart audit, or review.*

For Business Operations: We may use or disclose, as needed, your PHI in order to support our business activities including, but not limited to, quality assessment activities, employee review activities, licensing, and conducting or arranging for other business activities. We may also disclose PHI in the course of providing you with appointment reminders or leaving messages on your phone about questions you asked or test results. **Example:** *We may share your PHI with third parties that perform various business activities (e.g. Council on Accreditation or other regularly or licensing bodies) provided we have a written contract with the business that requires it to safeguard the privacy of your PHI.*

Required by Law: Under the law, we must make disclosures of your PHI available to you upon your request. In addition, we must make disclosures to the Secretary of the Department of Health and Human Services for the purpose of investigating or determining our compliance with the requirements of the Privacy Rule, if so required.

Without Authorization: Applicable law and ethical standards permit us to disclose information about your treatment without your authorization only in a limited number of other situations. Examples of some of the types of uses and disclosures that may be made without your authorization are those that are:

- Required by law, such as the mandated reporting of child abuse or neglect or mandatory government agency audits or investigations (such as the health department).
- Required by Court Order or in response to a subpoena.
- Necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public. If information is disclosed to prevent or lessen a serious threat, it will be disclosed to a person(s) reasonably able to prevent or lessen the threat, including the target of the threat.



Verbal Permission: We may use or disclose your information to family members that are directly involved in your receipt of services with your verbal permission.

With Authorization: Uses and disclosures not specifically permitted by applicable law will be made only with your written authorization, which may be revoked. Your explicit authorization is required to release psychotherapy notes and PHI for the purposes of marketing, subsidized treatment communications, and for the sale of such information.

Our Responsibilities

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time.

For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html.

Website Privacy

Any personal information you provide us with via our website, including your email address, will never be sold or rented to any third party without your permission. If you provide us with any personal or contact information in order to receive anything from us, we may collect and store that personal data. We do not automatically collect your personal e-mail address simply because you visit our site. In some instances, we may partner with a third party to provide services such as newsletters, surveys to improve our services, health or company updates, and in such case, we may need to provide your contact information to said third parties. This information, however, will only be provided to third-party partners specifically for these communications, and the third party will not use your information for any other reason. While we may track the volume of visitors on specific pages of our website and download information from specific pages, these numbers are only used in aggregate and without any personal information. This demographic information may be shared with our partners but is not linked to any personal information that can identify you or any visitors to our site.

Our site may contain links to other outside websites. We cannot take responsibility for the privacy policies or practices of these sites and we encourage you to check the privacy practices of all internet sites you visit. While we make every effort to ensure that the information provided on our website is correct and accurate, we make no warranty, expressed or implied, as to the accuracy, completeness, or timeliness, of the information available on our site. We are not liable to anyone for the loss, claim, or damages caused in whole or in part, by any of the information provided on our site. By using our website, you consent to the collection and use of personal information as detailed herein. Any changes to this Privacy Policy will be made public on this site so you will know what information we collect and how we use it.

Breaches: You will be notified immediately if we receive information that there has been a breach of your PHI.

Effective Date of this Notice: June 1st, 2021

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